FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Vashington. | D.C. | 20549 | |
|-------------|------|-------|--|

| OMB APPROVAL | | | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | | | |
| Estimated average burden | | | | | | | | | | |
| hours per response: | 0.5 | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Selsavage Joseph Anthony | | | | 2. Issuer Name and Ticker or Trading Symbol 23andMe Holding Co. [ME] | | | | | | | | (Che | ck all applica | able) | g Perso | on(s) to Issu 10% Ow Other (s | mer | | |
|--|--|------------|----------------|--|------|--|---|--|-------------------|---|---|--|-----------------------------------|--|--|-------------------------------------|---------------------------|---|--|
| | ` | OLDING CO. | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 09/01/2022 | | | | | | | | X Officer (give the Officer (Specify below) Interim CFO | | | | |
| (Street) SOUTH FRANCI (City) | ISCO C | | 94080 (Zip) | | 4. 1 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | 6. Ind Line) | ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| Date | | | | action 2A. Deemed Execution Date, if any (Month/Day/Year) | | Code (Instr. | | s Acquired (A) or If (D) (Instr. 3, 4 and | | 5. Amoun Securities Beneficia Owned Fo | s For ally (D) ollowing (I) (| | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | | |
| | | | | | | | | Code | v | Amount | |) or) | Price | Transacti (Instr. 3 a | on(s) nd 4) | | | | |
| Class A Common Stock 09/01 | | | 1/202 | /2022 A ⁽¹⁾ 129,761 A | | \$0.00 | 287,383 | | | D | | | | | | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | erivative Conversion Date Execution Date, Transecurity or Exercise (Month/Day/Year) if any Code | | ansac | saction Derivative | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) 7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4) | | | curity | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported | e s Illy | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | | | | |
| | | | | Co | ode | v | (A) | | Date Exercisab | | expiration Date | Title | or Nu | mount umber Shares | | (Instr. 4) | ransaction(s) nstr. 4) | | |
| Stock Option (Right to Buy) | \$3.3 | 09/01/2022 | | I | A | | 190,131 | | (2) | 0 | 9/01/2032 | Class A Commo Stock | | 90,131 | \$0.00 | 190,13 | 31 | D | |

Explanation of Responses:

- 1. Grant of restricted stock units (the "RSUs") under the 23andMe Holding Co. (the "Company") 2021 Incentive Equity Plan (the "Plan"). The RSUs vest equally in 1/16 quarterly installments commencing on February 20, 2023. The vesting of the RSUs is subject to continued service for the Company, the terms and conditions of the applicable award agreement, and applicable tax withholding obligations. Each RSU represents the contingent right to receive one share of Class A common stock of the Company
- 2. The stock options vest equally in 1/48 monthly installments commencing on October 1, 2022. The vesting of the options is subject to continued service for the Company, the terms and conditions of the applicable award agreement, and applicable tax withholding obligations.

Remarks:

/s/ Joseph Selsavage by Kathy Hibbs, attorney-in-fact

09/02/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.