FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MONTGOMERY RICE VALERIE MD						2. Issuer Name and Ticker or Trading Symbol 23andMe Holding Co. [ME]									k all app Direc	,	ng Per	son(s) to Is 10% Ov Other (s	wner
	NDME HO	(First) (Middle) IE HOLDING CO. POINT BLVD				3. Date of Earliest Transaction (Month/Day/Year) 09/06/2022									below			below)	Бреспу
(Street) SOUTH FRANCE	SCO CA		4080 Zip)		4. If A	Amend	ment,	Date o	of Origin	al File	d (Month/Da)	6. Indi Line) X	· •					
, ,,	`			n-Deriva	tive S	Secu	rities	Acc	uired	. Dis	posed of	. or E	Bene	ficially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day				ion	on 2A. Deemed Execution Date,			3. Transaction Code (Instr. 8) 4. Securiti Disposed 5)			Acqui	ired (A) or	5. Amo Securi Benefi	ount of ties cially I Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)		rice	Transa	Transaction(s) Instr. 3 and 4)			(111511.4)
Class A Common Stock 09/06/2					022				A		14,633(1)	A	, ;	\$0.00	14	145,472		D	
Class A Common Stock 09/06/20				022				A		3,577(2)	A \$3.0		3.08(3)	R ⁽³⁾ 149,049			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ion Date, Tran		action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration D (Month/Day/		ate	7. Titl Amou Secur Under Derive Secur 3 and	int of rities rlying ative rity (Ins	De Se (In	Price of rivative curity str. 5)		ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amor or Numl of Share	ber					

Explanation of Responses:

- 1. Restricted stock units, or RSUs, issued pursuant to the 23andMe Holding Co. Amended and Restated Outside Director Compensation Policy (the "Director Compensation Policy"), all of which vest on the earlier of (a) the first anniversary of the grant date or (b) the date of the issuer's 2023 annual meeting of stockholders. Each RSU represents the contingent right to receive one share of Class A common stock of the issuer. The reporting person has elected to defer receipt of these shares until the end of service on the board of directors of the issuer pursuant to the 23 and Me Holding Co. RSU Conversion and Deferral Program For Directors (the "Conversion and Deferral Program").
- 2. RSUs issued to the reporting person in lieu of cash retainer fees, at the election of the reporting person (the "RSU Election"), pursuant to the Director Compensation Policy and the Conversion and Deferral Program. Each RSU represents the contingent right to receive one share of Class A common stock of the issuer and is fully vested. The reporting person has elected to defer receipt of these shares until the end of service on the board of directors of the issuer pursuant to the Conversion and Deferral Program.
- 3. Under the the Conversion and Deferral Program, the number of shares issued in lieu of cash retainer fees is determined by dividing the dollar amount of the cash retainer fees subject to the RSU Election by the trailing average closing price of a share of Class A common stock of the issuer on the Nasdaq Global Select Market for the 90 days preceding the date of issuance, with any fractional share rounded down to the nearest whole share.

Remarks:

/s/ Valerie Montgomery Rice.

by Kathy Hibbs, attorney-in-09/08/2022

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** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.